



CHICAGO ASTHMA CONSORTIUM

MID SUMMER 2020 NEWS



In this newsletter:

THE LATEST
Page 01

COMMITTEE UPDATES
Page 02 & 03

KICK ASTHMA EDUCATION
Page 04

CAC BOARD
Page 05

THE LATEST

IT'S BEEN A BUSY few months for all of us as our community and world has been adjusting to the substantial changes the CoVid-19 pandemic has brought to our work, school, social and home lives. As you've hopefully noticed, CAC has been working hard to continue to deliver our communications and education to our stakeholders by leveraging online platforms.

Most recently, we've been collecting and answering questions from our stakeholders regarding CoVid-19 and Asthma. We are delighted to say we've been able to round up some fantastic experts to answer those questions in a series of YouTube videos and have made them accessible to the public! Read our Community Engagement Committee update (pg. 2) for more information and links to our videos and resources.

We've also been busy with outreach efforts to grow our board of directors for the upcoming year. It is wonderful to talk with so many who have a passion for asthma, who believe in our mission and really want to improve the quality of life for those who have this chronic disease. We have had a great response to our recruiting efforts and are excited to appoint new board members to begin their journeys in October 2020 with CAC.

Lastly, KICK ASTHMA is back! Because of CoVid 19, we are being extra cautious and will offer our next education session via webinar. Mark your calendars for August 5th at 9 am for CAC's webinar: Managing School Environments for Those with Asthma and have the opportunity to earn 2.0 CEUs. See page 4 of this newsletter for more information & registration info.

CoVid-19 Resources

*View CAC's online resources
for COVID -19*



COMMITTEE UPDATES

Committee
Interest
Form

COMMUNITY ADVISORY BOARD

Molly Martin, MD | Committee Chair

The CAC Community Advisory Board (CAB) provides consultations for researchers or program directors. This can occur before funding (ideal), during a project to guide or troubleshoot, or after completion to support dissemination. The goals are to help understand the outcomes and services that are important to people affected by asthma, to connect research and programs to community resources and stakeholders, and link research and programs with others conducting complimentary work. CAC CAB consultations are available at any time via request. The CAC CAB is expanding and bringing on new members! We are looking for adults with asthma, caregivers of children with asthma, and others who work closely with people who have asthma to serve on the CAB. We are also here to help you in your research! If this sounds like something you'd like to be a part of, please let us know! Click on the Committee Interest Form circle above.

"THOSE WHO ARE THE HAPPIEST ARE THOSE WHO DO THE MOST FOR OTHERS."
- BOOKER T. WASHINGTON

COMMUNITY ENGAGEMENT

Crystal Stevenson, CHW and Sharmilee Nyenhuis, MD | Committee Co-Chairs

The newly created Community Engagement Committee, co-chaired by Crystal Stevenson, CHW and Dr. Sharmilee Nyenhuis, Immunologist, hit the ground running in April when it started hosting panelists who fielded questions about asthma during the coronavirus pandemic. To date, a series of videos titled "Ask an Expert", has installed 5 topics with dozens of questions that were answered and discussed by panels of professionals from a variety of practices, backgrounds and experiences. The Community Engagement Committee welcomes the time and energy of those with a passion and the ability to meet asthma patients and their families where they are with information and experiences with them in mind. Contact us to make a difference! Click on the Committee Interest Form circle above. We encourage you to watch and share our videos today!
https://www.youtube.com/channel/UC_5eYqrtDQMgrYei3iKYP0Q

COMMITTEE UPDATES cont'd

EDUCATION COMMITTEE

Matt Siemer | Committee Chair

As you've probably experienced with other organizations, CoVid-19 has brought on a variety of disruptions and changes to plans, operations and finances. CAC is no different. In fact, changes to CAC's delivery method of its Kick Asthma education series has posed a challenge, however, it has also provided an opportunity to cast a wider net and reach a larger audience, thus spreading our mission across more communities. For the foreseeable future, we are excited to be offering our Kick Asthma education forums as webinars with the opportunity to still earn CEU's. Please mark your calendars for the next Kick Asthma seminar on August 5th from 9 - 11 am. It is a very timely topic, being delivered by the EPA, addressing environmental health concerns in school. Everyone in the asthma community can benefit from this forum, and CEU's are available for nurses and other health professionals. The Education Committee is also seeking members to serve on the committee. If you want to help make an impact in educating our stakeholders please consider joining us! Click on the Committee Interest Form circle below.

Advocate
Educate
Collaborate

Interested in
serving on a
committee?

We'd love to
talk with you!

Fill out our
Committee
Interest Form
today!

Committee
Interest
Form

MEMBERSHIP COMMITTEE

Andrea Pappalardo, MD, FAA | Committee Chair

It is an exciting time for the membership committee! We are kicking off this committee and are in need of your help. We are looking for people who are passionate about CAC's mission, who want to engage with our current members and stakeholders, and help us reach out and introduce CAC to others. We are in the early stages of forming this committee so there is tremendous opportunity to share and implement your ideas, and make a difference in CAC's membership. One thing we've already done is made enhancements to our member's online profiles. Here you can share additional information viewable to your fellow members about yourself including research projects, speaking engagements, white papers, presentations, board and committee interests, etc., so we encourage you to take a moment to update your profile! Visit the [Chicago Asthma Consortium Home Page](#) and find the LOG IN button toward the top right corner, with a person icon in blue. Follow the instructions. If you need help, please reach out to kbranch@chicagoasthma.org. If you are interested in being a part of our committee, please fill out the online interest form today by clicking on the Committee Interest Form Circle above.

KICK ASTHMA EDUCATION FORUM

AUGUST 5, 2020 | 9 – 11 AM

Advocate
Educate
Collaborate

Managing School Environments for Those with Asthma

A healthy school environment is always critical for a student's success, especially for students with asthma. To achieve that success, the entire school community needs to understand environmental management of asthma triggers. Discover the tools and resources from the U.S. Environmental Protection Agency (U.S. EPA) that help the school community to manage environmental asthma triggers in schools.

Presentation Objectives:

- Identify key children's health concerns that are related to school environments
- Describe the impact of the school environment on student and staff health, comfort, and performance, especially those who are living with asthma
- Review cleaning and disinfection practices in schools
- Identify and manage indoor environmental asthma triggers using EPA tools and resources including the IAQ Tools for Schools Action Kit and Checklists
- Learn how to conduct comprehensive IAQ assessments of your schools and identify opportunities to incorporate preventative maintenance strategies.

Registration is required and your registration is unique to you! Due to the current disruptions due to CoVid-19, we are offering this webinar at no charge to all attendees. If you wish to earn CEU's for the presentation, there may be an additional fee, and there will be instructions emailed to you once you register. If you have any questions please contact Kim Branch kbranch@chicagoasthma.org
Thank you!

REGISTER
TODAY

"EDUCATION IS FOR IMPROVING THE LIVES OF OTHERS AND FOR LEAVING YOUR COMMUNITY AND WORLD BETTER THAN YOU FOUND IT." – MARIAN WRIGHT EDELMAN

***EARN
2.0
CEU'S**

MEET THE CAC BOARD

**Matt
Siemer**

**President | Chair Professional
Development Committee**

**Crystal
Stevenson**

**Vice President | Co -Chair Community
Engagement Committee**

**Anna
Volerman**

Treasurer

**Felicia
Fuller**

Secretary

**Molly
Martin**

**Director | Chair
Community Advisory
Board**

**Sharmilee
Nyenhuis**

**Director | Co-Chair
Community Engagement
Committee**

**Andrea
Pappalardo**

**Director | Chair
Membership
Committee**

**Marc
Rosen**

**Director | President Ex
Officio | Co-Chair
Strategic Planning
Committee**

**Erica
Salem**

**Director | Co-Chair
Strategic Planning
Committee**

For additional information about our the CAC Board of Directors, please visit our

[About Leadership Webpage](#)