### Diskus® Fact Sheet

Advair® (fluticasone and salmeterol) is indicated for the treatment of patients 4 years and older with asthma and COPD. Fluticasone is an inhaled corticosteroid and salmeterol is a long-acting, beta₂-agonist. This combination medication is intended for patients who require a long-term control medication.

**Generic Name:** Fluticasone and salmeterol

**Brand Name:** Advair®

### Dosage Administration and Strength
- Advair Diskus® 100/50: delivers 100 mcg of fluticasone and 50 mcg of salmeterol
- Advair Diskus® 250/50: delivers 250 mcg of fluticasone and 50 mcg of salmeterol (prescribed to treat COPD)
- Advair Diskus® 500/50: delivers 500 mcg of fluticasone and 50 mcg of salmeterol

### Indications
- Treatment of uncontrolled asthma for patients on inhaled corticosteroids
- Maintenance treatment for COPD

### Contraindications
- Advair® should not be used for sudden symptoms of shortness of breath or acute episodes of asthma or COPD

### Side Effects
- Fungal infection (thrush), pneumonia, and weakened immune system
- Sudden breathing problems, allergic reactions, and increased heart rate or blood pressure
- Effect on the nervous system, thinning bones, slowed growth in children, and eye problems
- Upper respiratory tract infection, hoarseness, bronchitis, headaches, nausea, and vomiting

### Cleaning Instructions
- Store the diskus® at room temperature away from sunlight and heat
- Store in a dry place
- Wipe mouthpiece with a dry cloth or tissue

### References
**DISKUS® INHALATION TECHNIQUE CHECKLIST**

*Trained assessor to read to participant: Please show me exactly* how you use your Diskus® at home

*If using actual medicine (not placebo) the patient should mimic use (i.e. do not take repeated doses)*

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**Participant’s Score:**

10/11 10/11 10/11 10/11

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Score the participant's performance by assigning 1 point to each correct step and adding across the 11 steps. If score is less than 11, demonstrate to the participant appropriate technique and repeat inhaler assessment.

Comments: