Aerolizer® Fact Sheet

Foradil® (formoterol fumarate) is a long-acting-beta$_2$ adrenergic agonist (LABA) intended for the treatment of asthma and chronic obstructive pulmonary disease in patients 5 years of age and older. Foradil® is also used to prevent wheezing in patients with exercise-induced asthma.

Generic Name: Formoterol fumarate

Brand Name: Foradil®

Dosage Administration and Strength
- One Foradil® Aerolizer® capsule: taken twice daily (every 12 hours)
- One Foradil® Aerolizer® capsule: delivers 12 mcg of formoterol fumarate powder

Indications
- Treatment for asthma patients 5 years old and older
- Treatment of exercise-induced asthma
- Treatment for the maintenance of bronchospasm in COPD

Contraindications
Aerolizer® is not a bronchodilator and should not be used for sudden symptoms of shortness of breath or acute episodes of asthma or COPD

Side Effects
- Viral infection, bronchitis, chest pain, and chest infection
- Tremor, dizziness, insomnia, tonsillitis, and rash
- Dysphonia, serious asthma exacerbation, and upper respiratory tract infection
- Back pain, muscle cramps, anxiety, increased sputum, dry mouth, sinusitis, pharyngitis, and fever

Cleaning instructions
- To clean, wipe with a dry towel or cloth
- Never wash the inhaler
- Store inhaler and capsules in a dry place

References
FORADIL® AEROLIZER® INHALATION TECHNIQUE CHECKLIST

Trained assessor to read to participant: Please show me exactly* how you use your Foradil® Aerolizer® at home
*If using actual medicine (not placebo) the patient should mimic use (i.e. do not take repeated doses)

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Participant’s Score: ___/14 ___/14 ___/14 ___/14

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Score the participant’s performance by assigning 1 point to each correct step and adding across the 14 steps. If score is less than 14, demonstrate to the participant appropriate technique and repeat inhaler assessment.

Comments: ___________________________________________________________