

# Asthma Resource Collection 2017

Asthma resources to aid patients and those who care for them.



CHICAGO ASTHMA  
CONSORTIUM

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## Introduction

Chicago Asthma Consortium (CAC) is a coalition of medical and public health professionals, business leaders, government agencies, community-based organizations, and individuals dedicated to improving the quality of life for people with asthma, through advocacy, education, and collaboration.

In Autumn 2017, CAC was awarded funding from the Illinois Department of Public Health (IDPH) to create an Asthma Resource Collection for Chicagoland, to increase asthma resource and service delivery to individuals living with asthma. Chicago Asthma Consortium determined that it was critical to better understand the asthma resources and assets currently available to Chicagoland residents with asthma, along with assets and resources that may be currently missing or unavailable.

The project objectives were to 1) engage community partners in identifying and documenting existing and missing asthma assets, 2) disseminate the Asthma Resource Collection to increase utilization and reduce duplication of effort among asthma stakeholders, and 3) assess and address priority asthma resource gaps.

The intended beneficiaries of the Asthma Resource Collection are not only patients, but also those serving them: caregivers, providers, health systems, school systems, researchers, and non-profit organizations. By informing key stakeholders about each other's services and service areas, CAC aimed to deepen the resources to which the asthma community could refer their clients, increase the utilization of the organizations' own resources, and help identify service gaps and opportunities for partnerships to fill them.

CAC developed an online survey, with input from its Community Advisory Board and Board Officers, Chicago Department of Public Health (CDPH), and IDPH. CAC distributed the survey to its network partners who each care about asthma and represent the asthma community. In addition, CAC partnered with both CDPH and IDPH who distributed the survey to their networks of asthma stakeholders. Survey respondents represented organizations in possession of asthma assets that are available to improve asthma outcomes, including:

- Public Health Organizations
- Hospital Systems
- Community Health Centers
- Community-Based Organizations
- Academic Institutions
- Foundations
- Pharmaceutical Organizations
- Managed Care Organizations

CAC conducted outreach by phone and email to encourage participation in the survey. The collection efforts resulted in eighty-one individual responses.

## Select Observations and Highlights

### Responses

81 individuals from 70 organizations responded to the Asthma Assets Inventory Survey. 48 individuals from 42 organizations filed complete, non-duplicative responses, resulting in a total of 58 individual resources listed. The breakdown of the resources by category, from highest to lowest, was as follows:

29%	Outreach and Education
24%	Patient and Community Education Resources
21%	Clinical Services and Treatment
7%	Other
5%	Care/Case Management
5%	Toolkits
4%	Training
3%	Disease Management
2%	Medication Assistance

### Resource Needs

An important function of the Asthma Resource Collection is to determine where gaps exist in the availability of resources, for both asthma patients and those that serve them. 40% of the respondents indicated that they needed additional resources in one or more categories.

Resource needs were as follows:

24%	Educational materials including general asthma patient materials, low-literacy educational materials, materials for providers at hospitals and clinics, materials in Spanish, and spirometry education and resources.
24%	Diagnostic tools and medications including spacers, peak flow meters, masks, FeNO measurement, Advair Respiclick, and Albuterol Respiclick.
7%	Funding
2%	Connections to primary care providers
2%	Donated office space
2%	Knowledge of other resources available in the community
2%	Staff
2%	Training
2%	Volunteers

The Asthma Resource Survey sought to identify stakeholders that would be willing to collaborate to address resource gaps. 42% of respondents indicated interest in partnering with other stakeholders to create resources that do not currently exist or are not readily available to certain populations or geographies.

### Impact on Health Equity

According to the Centers for Disease Control and Prevention, “health equity is achieved when every person has the opportunity to attain his or her full health potential and no one is disadvantaged from achieving this potential because of social position or other socially determined circumstances.” Health inequities are reflected in differences in length of life, quality of life, rates of disease, disability, and death, severity of disease, and access to treatment.



Given the national and local commitment to health equity and the unequal burden of asthma that exists within certain communities throughout Chicagoland, the survey inquired into resources that were designed specifically to promote health equity. 66% of the resources were reported as promoting health equity and 52% offered specific insight into the relevance of their resources within underserved communities that experience asthma disparities. Those resources were in the following categories, by the percentage of total resources (some resources promoted equity in multiple ways):

12%	Explicit focus on high-need geographical areas
12%	Reduced-fee or free services
10%	Explicit focus on high-need/underserved populations
9%	Underserved youth
5%	Multi-lingual services
3%	Training for providers for high-need populations

*A listing of the reported health equity resources is included in the appendix of this document.*

### **Next Steps**

Initial IDPH Asthma Program funding allowed CAC to create a baseline assessment of the asthma resources and assets currently available in Chicagoland.

The 2017 Asthma Resource Collection should be the first step in an ongoing process to identify and leverage existing asthma resources and collaborate across organizations to meet asthma resource needs. With further funding, CAC can ensure that data remains current and is utilized to improve resource and service delivery to individuals living with asthma. CAC's specific recommendations for future work include:

- Disseminate the Asthma Resource Collection throughout the asthma community with an emphasis on communities experiencing asthma disparities.
- Update the Asthma Resource Collection annually, employing more robust outreach efforts and broader data collection methods including telephone surveys and focus groups.
- Collaborate with CDPH to map the resources collected to determine where there are geographic gaps in areas served.
- Convene the Chicagoland asthma community to prioritize and address identified resource gaps, with CAC providing support and facilitating collaboration across organizations.



## Asthma Resource Collection

### Care/Case Management

#### Care Coordination

Next Level Health Partners

<https://nextlevelhealthil.com/who-we-are/>

(844) 807-9734

3019 West Harrison, Chicago, IL 60612

Available now: Yes

Cost: No

Service area: 60623

Audience: Youth with Asthma, Adults with Asthma, Caregivers, Clinicians

How to access: Care Coordinator

Description: Less frequent asthma exacerbations

#### Case Management

Chicago Department of Public Health Lead Poisoning Prevention Program

[https://www.cityofchicago.org/city/en/depts/cdph/supp\\_info/food\\_envirion/childhood\\_lead\\_poisoningpreventionandhealthyhomesprogram1.html](https://www.cityofchicago.org/city/en/depts/cdph/supp_info/food_envirion/childhood_lead_poisoningpreventionandhealthyhomesprogram1.html)

(312) 747-LEAD

2133 W Lexington St., Chicago, IL 60612

Available now: Yes

Cost: No

Service area: City of Chicago

Audience: Children 6 months to 6 years and parents

How to access: Via home visit and referral

Description: To identify and refer to asthma services that are available

#### Krames Educational Materials as approved by the State of Illinois Medicaid

Aetna Better Health IL Medicaid Managed Care Organization

<https://www.aetnabetterhealth.com/illinois/>

866-212-2851

333 West Wacker Drive Chicago, IL 60606

Available now: Yes

Cost: Yes, not known. Corporate purchase and approved by the State of Illinois Medicaid.

Service area: Cook County and surrounding collar counties

Audience: Youth with Asthma, Adults with Asthma

How to access: Information is mailed to the member.

Description: Awareness and education



## Clinical Services and Treatment

### Advocate Children's Hospital-Oak Lawn

Advocate Children's Hospital-Oak Lawn

<https://www.advocatechildrenshospital.com>

(708) 684-8000

4440 W. 95th St. Oak Lawn, IL 60453

Available now: Yes

Cost: No

Service area: Southside of Chicago and the southwest suburbs

Audience: Youth with Asthma, Caregivers, Clinicians, Healthcare Systems

How to access: Provided to inpatient, outpatient, and emergency room patients with a diagnosis of Asthma/RAD

Description: Increase education, awareness and compliance to our patients and families

### Advocate Medical Group

Advocate Medical Group

<https://locations.advocatehealth.com/immediate-care-chicago-s-martin-luther-king-dr>

(312) 842-7117

2555 South King Drive Suite 1278, Chicago IL 60616

Available now: Yes

Cost: No

Service area: Chicagoland areas- North, South, Far South

Audience: Healthcare Systems

How to access: From primary care provider

Description: Ensure asthmatics receive effective care

### Asthma Clinic

University of Illinois at Chicago

<https://www.uic.edu>

(312) 413-4244

840 S. Wood St. Chicago, IL 60612

Available now: Yes

Cost: Yes. Requires insurance coverage unless patient has charity care.

Service area: West and South sides of Chicago

Audience: Adults with Asthma, Clinicians, Healthcare Systems

How to access: Referral (self or primary care physician)

Description: Asthma clinic, access to quality care, asthma educational materials





**Asthma Van**

Mobile Care Chicago

<https://mobilecarechicago.org>

(773) 254-4030

321 N. Loomis, Ste. 202, Chicago, IL 60607

Available now: Yes

Cost: No

Service area: Chicagoland area

Audience: Youth with Asthma, Healthcare Systems, School Systems, Non-Profit Organization

How to access: (773) 247-9736

Description: Lower the incidence of asthma exacerbations ending up in the ER. Keep kids in the classroom, keep them from missing school, and allow them to take control of their own treatment by providing them with tools and education to better understand their asthma.

***“Over 95% of patients have no ER utilization or hospitalizations, and 98% miss fewer school days than the national average.”***

Asthma Van  
Mobile Care Chicago

**Biologics in Moderate and Severe Persistent Asthma**

Chicago Allergy Center

<http://www.thechicagoallergycenter.com>

(773) 614-7315

4952 W. Irving Park Rd Suite 100, Chicago, IL 60641

Available now: Yes

Cost: Yes. Insurance will cover cost of biologics.

Service area: State of Illinois

Audience: Youth with Asthma, Adults with Asthma, Healthcare Systems, School Systems

How to access: [www.thechicagoallergycenter.com](http://www.thechicagoallergycenter.com)

Description: Most up-to-date for moderate/severe persistent Asthma with use of biologics

**Chicago Allergy Center- Asthma Care For All Ages**

Chicago Allergy Center

<http://www.thechicagoallergycenter.com>

(773) 614-7315

4952 W. Irving Park Rd Suite 100, Chicago, IL 60641

Available now: Yes

Cost: Yes. Insurance will cover care. We take most insurance, including Medicaid.

Service area: State of Illinois

Audience: Youth with Asthma, Adults with Asthma, Healthcare Systems, School Systems

How to access: [www.thechicagoallergycenter.com](http://www.thechicagoallergycenter.com) and Facebook

Description: Allergy/Asthma care for all ages. Improving Asthma outcomes and care. Fluently speak Spanish and English.



**Humboldt Park Health Center (UIC)**

University of Illinois at Chicago Hospital

<http://hospital.uillinois.edu/patients-and-visitors/mile-square-federally-qualified-health-center/locations/humboldt-park>

(312) 413-7425

3240 West Division Street, Chicago, IL 60651

Available now: Yes

Cost: No

Service area: All

Audience: Youth with Asthma, Adults with Asthma, Clinicians, Healthcare Systems, School Systems, Non-Profit Organization

How to access: (312) 413-7425

Description: Clinical services and treatment

**Northwestern Medicine Asthma and COPD Center**

Northwestern Medicine

<https://www.nm.org>

(312) 695-1800

676 N St Clair 14th floor, Chicago, IL 60611

Available now: Yes

Cost: Yes. Typical healthcare provider fees

Service area: Greater Chicago area

Audience: Youth with Asthma, Adults with Asthma

How to access: Make appointments through Pulmonary Division of Northwestern Medicine, (312) 695-1800

Description: Maximize the functional capacity and reduce exacerbations of patients with asthma.

**Parent/Child Asthma Class**

Advocate Children's Hospital-Oak Lawn

<https://www.advocatechildrenshospital.com>

(708) 684-8000

4440 W. 95th St. Oak Lawn, IL 60453

Available now: Yes

Cost: No

Service area: Southside of Chicago and the Southwest suburbs

Audience: Youth with Asthma, Caregivers

How to access: Through Advocate Healthcare's Health Advisor: (708) 684-8000

Description: A class for parents of children with asthma and those children over the age of 5.



### Refractory Obstructive Disease Clinic

University of Chicago Adult Asthma and COPD Center

<http://asthma.bsd.uchicago.edu>

(773) 702-1016

5841 South Maryland MC6076, Chicago, IL 60637

Available now:

Cost: Yes, varies

Service area: 60637

Audience: Adults with Asthma, Clinicians, Healthcare Systems

How to access: (773) 702-9660

Description: The goal is to improve care for patients with asthma refractory to usual care.

### Specific IgE Blood Test

Thermo Fisher Scientific

<https://www.thermofisher.com/us/en/home.html>

(866) 356-0354

4169 Commercial Ave. Portage, MI 49002

Available now: Yes

Cost: Yes. Lab-specific cost. A covered benefit of Medicaid and most private insurances.

Service area: United States

Audience: Youth with Asthma, Adults with Asthma, Caregivers, Clinicians, Healthcare Systems, Non-Profit Organization

How to access: Ordered by a health care provider

Description: This simple blood test measures Specific IgE. It identifies the level of IgE of common indoor and outdoor allergens that patients may be exposed to on a daily basis. The results lead to an individualized plan to reduce exposure to known allergic offenders to that patient.

### UICOMP/Children's Hospital Pediatric Pulmonology Specialty Clinic

University of Illinois College of Medicine Peoria and OSF Children's Hospital of Illinois

<http://www.childrenshospitalofillinois.org/education/uicomp.html>

(309) 655-7171

530 NE Glen Oak Ave., Peoria, IL 61637

Available now: Yes

Cost: Contact clinic

Service area: 61614 and referral base of central Illinois

Audience: Youth with Asthma, Healthcare Systems

How to access: (309) 655-7171

Description: Clinical services and treatment



## Disease Management

### Advocate Asthma Patient Handbook

Advocate Good Samaritan Hospital

<https://www.advocatehealth.com/gsam/>

(630) 275-5900

3815 N Highland Ave, Downers Grove, IL 60515

Available now: Yes

Cost: Yes. \$3.00 through our in-house print shop.

Service area: 60516

Audience: Asthma Patients and Caregivers

How to access: Patients and caregivers receive the resource from their clinicians during a patient visit.

Description: Developed in our organization. Reduces hospital readmissions and emergency room visits.

### Asthma Action Plan

Advocate Good Samaritan Hospital

<https://www.advocatehealth.com/gsam/>

(630) 275-5900

3815 N Highland Ave, Downers Grove, IL 60515

Available now: Yes

Cost: Yes

Service area: 60516

Audience: Adults with Asthma

How to access: Patients and caregivers receive the resource from their clinicians during a patient visit.

Description: Proper patient disease management



## Medication Assistance

### BREATH

Asthma & Allergy Foundation of America, St. Louis Chapter

<http://aafastl.org>

(314) 645-2422

1500 S. Big Bend, Suite 1S, St. Louis, MO 63117

Available now: Yes

Cost: No

Service area: Madison and St. Clair Counties in Illinois

Audience: Youth with Asthma

How to access: <http://aafastl.org/BREATH>

Description: Bridging Resources to Encourage Asthma Treatment and Health, or BREATH, is a comprehensive asthma and allergy management program available to eligible children/young adults who have been diagnosed with asthma and/or allergies of all types. Resources available through the program include: Asthma/Allergy prescription assistance, asthma equipment (spacers, bed covers, nebulizers etc.), education, and support.



## Outreach and Education

### ABCs of Asthma and Allergies

Asthma & Allergy Foundation of America, St. Louis Chapter

<http://aafastl.org>

(314) 645-2422

1500 S. Big Bend, Suite 1S, St. Louis, MO 63117

Available now: Yes

Cost: No

Service area: Madison and St. Clair counties in IL

Audience: Youth with Asthma, Adults with Asthma, Caregivers, School Systems

How to access: <http://aafastl.org/outreach>

Description: The ABC's of Asthma and Allergies program is designed to educate the community, especially school personnel or parents, on the identification of asthma signs, symptoms, triggers and effective management of this chronic disease. This program also focuses on life-threatening food allergies and administration of Epinephrine Auto-Injectors.

### All-Student Education Curriculum

University of Chicago

<https://www.uchicago.edu>

(773) 702-5905

5841 S Maryland Ave, MC 2007, Chicago, IL 60637

Available now: Yes

Cost: No

Service area: All

Audience: School Systems, All youth (with and without asthma)

How to access: Anna Volerman: [avolerman@uchicago.edu](mailto:avolerman@uchicago.edu)

Description: The curriculum outlines a 30-45 minute session for teaching all children about asthma. It includes all materials.

### American Lung Association

<http://www.lung.org>

(312) 781-1100

55 West Wacker Drive, #8th floor, Chicago, IL 60601

Available now: Yes

Cost: Yes. Cost depends on the resource provided.

Service area: Greater Chicago

Audience: Youth with Asthma, Adults with Asthma, Caregivers, Healthcare Systems, School Systems, Non-Profit Organization

How to access: <http://www.lung.org>

Description: The American Lung Association is the leading organization working to save lives by improving lung health and preventing lung disease.



**Asthma Action at Erie**

Erie Family Health Center

<http://www.eriefamilyhealth.org>

(312) 666-3494

1701 W. Superior St., Chicago, IL 60622

Available now: Yes

Cost: No

Service area: West Town, North Lawndale, Humboldt Park, Albany Park, Evanston

Audience: Youth with Asthma

How to access: Patients of the health center are referred by their providers.

Description: Asthma educators and community health workers provide asthma education to pediatric patients (and their families) who have uncontrolled asthma, providing education, self-management tools, and resources to help control asthma.

**"Asthma Blues Live"**

CTK Clinical Consultants, LLC

<http://www.asthmablues.com/>

(773) 610-6022

P.O. Box 36729 Hoover, AL 35236

Available now: Yes

Cost: Yes

Service area: United States

Audience: Youth with Asthma, Adults with Asthma, Caregivers, Clinicians, Healthcare Systems, School Systems, Non-Profit Organization

How to access: Al Keith at (773) 610-6022 or e-mail: [ctkclinical@sbcglobal.net](mailto:ctkclinical@sbcglobal.net)

Description: Improvement in asthma knowledge and self-management skills.

**Asthma Camp Sponsorships**

Christopher D. Redding Youth Asthma Foundation

<http://www.cdryouthasthma.org>

(847) 530-0678

P. O. Box 1078 Lake Zurich, IL 60047

Available now: Yes

Cost: No

Service area: Englewood, West Englewood, Chatham, Auburn Gresham, Roseland, Pullman, West Pullman, Austin, Humboldt Park, North Lawndale, Suburban Cook County, Waukegan (Lake), Elgin (Kane), Harvard (Will). These are primary target areas as they are high-asthma prevalent areas.

Audience: Youth with Asthma

How to access: [www.cdryouthasthma.org](http://www.cdryouthasthma.org) or (847) 530-0678 - Helen Hammond Redding

Description: Asthma management education



### Asthma Education and College Scholarships to Student Athletes with Asthma

Christopher D. Redding Youth Asthma Foundation

<http://www.cdryouthasthma.org>

(847) 530-0678

P.O. Box 1078 Lake Zurich, IL 60047

Available now: Yes

Cost: No

Service area: Englewood, West Englewood, Chatham, Auburn Gresham, Roseland, Pullman, West Pullman, Austin, Humboldt Park, North Lawndale, Suburban Cook County, Waukegan (Lake), Elgin (Kane), Harvard (Will). These are primary target areas as they are high-asthma prevalent areas. Scholarships are offered in the Greater Chicagoland area.

Audience: Youth with Asthma, Caregivers, Non-Profit Organization, Athletic personnel

How to access: [www.cdryouthasthma.org](http://www.cdryouthasthma.org) or (847) 530-0678 - Helen Hammond Redding

Description: Asthma management education. Scholarships are offered to assist student athletes to attend college and youth to attend asthma camps to learn to manage their asthma.

### Asthma, Pests, and Pesticides

Midwest Pesticide Action Center

<http://midwestpesticideaction.org>

(773) 878-7378

35 E. Wacker Dr., Ste. 1600, Chicago, IL 60601

Available now: Yes

Cost: No

Service area: Across the Midwest

Audience: Youth with Asthma, Adults with Asthma, Caregivers, School Systems, Non-Profit Organization

How to access: <http://midwestpesticideaction.org/what-you-can-do/all-resources/>

Description: Policy resource to better maintenance of schools, childcares, and homes, to create safer, cleaner, and healthier indoor/outdoor environments.

***“More than \$30,000 in scholarships and grants have been made over a three-year period to assist student athletes with asthma to attend college.”***

Asthma Education and College Scholarships to  
Student Athletes with Asthma  
Christopher D. Redding Youth Asthma Foundation





### Childhood Asthma Initiative

Childhood Asthma Initiative: UIC School of Public Health

<http://publichealth.uic.edu/about-sph/community-and-public-health-practice>

(312) 996-6620

1603 W Taylor St. 875 SPHPI, Chicago, IL 60612

Available now: Yes

Cost: No

Service area: Roseland, Altgeld Gardens

Audience: Youth with Asthma, Caregivers, Day Care Centers

How to access: (312) 996-6620

Description: To educate communities on the services offered, as well as provide basic information about asthma.

### Comprehensive School-Based Asthma Program

University of Chicago

<https://www.uchicago.edu>

(773) 702-5905

5841 S Maryland Ave, MC 2007, Chicago, IL 60637

Available now: Yes

Cost: No

Service area: All

Audience: Youth with Asthma, Caregivers, School Systems

How to access: Anna Volerman:avolerman@uchicago.edu

Description: Program to improve the care of asthma within the school setting.

### Everthrive

Everthrive Health

<http://www.everthriveil.org>

(312) 491-8161

845 W. 69th Street, Chicago IL 60621

Available now: Yes

Cost: No

Service area: Englewood and West Englewood

Audience: Youth with Asthma, Adults with Asthma, Caregivers

How to access: Word of mouth, meeting, contacts

Description: Community engagement and education to improve the health of women, children, and families over the lifespan

**Kickin' Asthma curriculum**

Livingston County Public Health Department

<http://lchd.us/site/>

(815) 844-7174

310 E. Torrance Ave, Pontiac, IL 61764

Available now: Yes

Cost: No

Service area: 61764

Audience: Youth with Asthma, School Systems

How to access: Youth with asthma should contact their school nurse

Description: To provide knowledge and skills to those with asthma.

**Loyola Pediatric Mobile Health Unit**

Loyola Pediatric Mobile Health Unit

<https://www.loyolamedicine.org/childrens-health/pediatric-mobile-health-unit>

(708) 216-3299

2160 S. First Avenue Maywood, IL 60153

Available now: Yes

Cost: No

Service area: 60644, 60623, 60707, 60153, 60104, 60155, 60160, 60402, 60804, 60501, 60130

Audience: Youth with Asthma, Caregivers, School Systems

How to access: School administration should call 708-216-3299 to schedule a mobile health unit site visit.

Description: Loyola Medicine's pediatric mobile health unit is a pediatric doctor's office on wheels that serves underprivileged communities in the Chicago area. It improves quality of life, decreases absenteeism, and decreases unnecessary emergency department visits.

**Metropolitan Tenants Organization**

Metropolitan Tenants Organization

<https://www.tenants-rights.org>

(773) 292-4980

1727 S. Indiana, Chicago, IL 60616

Available now: Yes

Cost: No

Service area: Englewood and North Lawndale

Audience: Youth with Asthma, Adults with Asthma, Non-Profit Organization

How to access: Many of the tenants are referred to Sinai and other programs

Description: The Healthy Homes Program educates tenants on common asthma triggers in the home. Through the AsthmaCare Partnership for children with asthma, MTO and the Sinai Community Institute [SCI] work in partnership to manage asthma for families who rent. Helping Chicago's Westside Adults Breathe & Thrive is home-based and healthy homes intervention that aims to improve asthma control and quality of life among adults with poorly controlled asthma on Chicago's Westside.



### Self-Management Education, Asthma Action Plans, other educational resources

McLean County Health Department

<http://health.mcleancountyil.gov>

(309) 888-5450

200 W. Front Street Room 304, Bloomington, IL, 61701

Available now: Yes

Cost: No

Service area: 61701

Audience: Youth with Asthma, Caregivers, School Systems

How to access: (309) 888-5450

Description: Helps students to manage their health.

*“Youth are better able to care for their own asthma needs.”*

Asthma Action Plans  
McLean County Health  
Department

### WE CARE Clinic

Southern Illinois University at Edwardsville

<https://www.siu.edu/nursing/we-care-clinic/index.shtml>

(618) 482-6959

Southern Illinois University, Edwardsville. 601 James R. Thompson Blvd. Building D, Suite 2015, East St. Louis, IL 62201

Available now: Yes

Cost: Yes. Cost of the home visits for trigger reduction.

Service area: Madison County and St. Clair County

Audience: Youth with Asthma, Adults with Asthma, Caregivers, Clinicians, School Systems

How to access: Patients of WE CARE receive referrals to access the resource

Description: To improve self-management of adult and pediatric patients.



## Patient and Community Education Resources

### "Asthma Blues" Asthma Education Music CD and Book

CTK Clinical Consultants, LLC

<http://www.ctkclinical.com>

(773) 610-6022

P.O. Box 36729, Hoover, AL 35236

Available now: Yes

Cost: Yes. \$8 for CD. \$12 for the Self-Empowerment Kit.

Service area: United States

Audience: Youth with Asthma, Adults with Asthma, Caregivers, Healthcare Systems, Non-Profit Organization

How to access: [www.asthmablues.com](http://www.asthmablues.com)

Description: Education to improve asthma knowledge and self-management skills.

### Asthma Discharge Tool

University of Illinois at Chicago

<https://vcha.uic.edu/about/population-health-sciences-program/>

Mile Square, 3rd floor, Room 3002, 1220 S. Wood St. (M/C 619), Chicago, IL 60608

Available now: Yes

Cost: No

Service area:

Audience: Youth with Asthma, Caregivers

How to access: <https://lungchicago.org/wp-content/uploads/2017/07/theCHICAGOasthmaDischargeTool.pdf>

Description: Helps children with asthma and their Caregivers with asthma management after release from the hospital.

### Asthma Education

Advocate Children's Hospital

<https://www.advocatechildrenshospital.com>

(708) 684-8000

4440 W. 95th St. Oak Lawn, IL 60453

Available now: Yes

Cost: No

Service area: Oak Lawn and surrounding neighborhoods

Audience: Youth with Asthma and their families

How to access: Inpatient and outpatient asthma education. Quarterly evening asthma classes for families and patients. Access at [Advocatechildrenshospital.com](https://www.advocatechildrenshospital.com)

Description: Asthma self management, asthma education



### **Asthma Education**

AMITA Health Adventist Medical Center Hinsdale

<http://www.amitahealth.org>

(630) 856-9000

120 N. Oak St., Hinsdale, IL 60521

Available now: Yes

Cost: No

Service area: 60521

Audience: Youth with Asthma, Adults with Asthma, Caregivers

How to access: Asthma education is provided during the patient's hospital stay.

Description: Teach patients to control asthma exacerbations to prevent hospitalizations.

### **Asthma Management**

Respiratory Health Association

<https://lungchicago.org>

(312) 243-2000

1440 W Washington Blvd. Chicago IL 60607

Available now: Yes

Cost: No

Service area: Chicago and select school districts throughout Illinois based on geographic region.

Audience: Caregivers, School Systems, Non-Profit Organizations

How to access: Contact the Chicago Public School

Description: The program aims to help recognize and more effectively support children living with asthma. Asthma Management covers content set forth in National Asthma Education and Prevention Program (NAEPP) guidelines, as is tailored to meet the needs of each audience.

### **Asthma Management for School Staff (Online Training)**

Respiratory Health Association

<https://lungchicago.org>

(312) 243-2000

1440 W Washington Blvd. Chicago IL 60607

Available now: Yes

Cost: No

Service area: Illinois

Audience: School Systems

How to access: <http://www.lungchicago.org/asthma-mgmt-school-staff/>

Description: Provides Illinois school districts an opportunity to receive the required training to ensure compliance with Public Act 99-0843. Learning objectives include: 1) Explain how to manage asthma in a school setting; 2) Identify asthma triggers and how to prevent asthma symptoms in a school setting; 3) Recognize asthma medication and proper inhaler technique; 4) Recognize asthma warning signs and how to respond during an asthma emergency.



**Asthma Overview**

American Academy of Allergy, Asthma & Immunology

<http://www.aaaai.org>

(414) 272-6071

555 E. Wells Street, Suite 1100, Milwaukee, WI 53202

Available now: Yes

Cost: No

Service area: United States

Audience: Youth with Asthma, Adults with Asthma, Caregivers, Clinicians, School Systems

How to access: <http://www.aaaai.org/sampro>

Description: Multiple tools to educate regarding the symptoms of asthma, and tools for the treatment of asthma.

**Asthma: Take Action. Take Control.**

CHEST Foundation

<http://www.chestnet.org/Foundation>

(224) 521-9527

2595 Patriot Blvd, Glenview, IL 60026

Available now: Yes

Cost: No

Service area: United States

Audience: Youth with Asthma, Adults with Asthma, Caregivers, Clinicians

How to access: [asthma.chestnet.org](http://asthma.chestnet.org)

Description: Website with available pdf downloads to help Caregivers and patient better manage their asthma. Resources also include quizzes to help patients identify asthma severity or “difficult to control” asthma.

**Community Resource Directory: Roseland**

Childhood Asthma Initiative: UIC School of Public Health

<http://publichealth.uic.edu/about-sph/community-and-public-health-practice>

(312) 996-6620

1603 W Taylor St. 875 SPHPI, Chicago, IL 60612

Available now: No: Availability to be determined

Cost: No

Service area: Little Village, Pilsen, Back of the Yards, Roseland

Audience: Adults with Asthma, Caregivers, School Systems, Non-Profit Organization

How to access: To be determined

Description: Helps community members find resources within their neighborhoods. Resources will span information on dentists, mental health centers, shelter homes, hospital/clinic locations, and other resources as needed.



### EPA Asthma Publications

US Environmental Protection Agency Region 5

<https://www.epa.gov/aboutepa/epa-region-5>

(312) 353-2000

77 W. Jackson Blvd. Chicago, IL 60604

Available now: Yes

Cost: No

Service area: Region 5 (IL, IN, MI, MN, OH, WI)

Audience: Youth with Asthma, Adults with Asthma, Caregivers, Clinicians, School Systems

How to access: Print or order <https://www.epa.gov/asthma/publications-about-asthma>

Description: Environmental asthma management education

### Fight Asthma Now©

Respiratory Health Association

<https://lungchicago.org>

(312) 243-2000

1440 W Washington Blvd. Chicago IL 60607

Available now: Yes

Cost: The program is delivered for free throughout Chicago Public Schools and select school districts based on geographic region.

Service area: Chicago, Cook County, Illinois, Washington D.C., Los Angeles Unified School District

Audience: Youth with Asthma, Teens with Asthma

How to access: Contact the Chicago Public School

Description: Validated, evidence-based and culturally appropriate asthma education program for youth (3rd to 6th grade) and teens (7th to 12th grades) with asthma. Fight Asthma Now© provides the information and tools students need to better manage their asthma over the course of four, 45-minute sessions or three, 60-minute sessions over two consecutive weeks.

*“Children showed a dramatic increase in overall asthma knowledge.”*

Fight Asthma Now©  
Respiratory Health  
Association

### Living Well With Asthma

CHEST Foundation

<http://www.chestnet.org/Foundation>

(224) 521-9527

2595 Patriot Blvd, Glenview, IL 60026

Available now: Yes

Cost: No

Service area: United States

Audience: Youth with Asthma, Adults with Asthma, Caregivers, Clinicians

How to access: <http://www.chestnet.org/Foundation> Online or in print. There is a cost for the print version.

Description: Educate patients and their caregivers to support better conversations with their clinicians.



### Online Pharmacies Guide

ConsumerAffairs

<https://www.consumeraffairs.com>

1-866-773-0221

297 Kingsbury Grade, Suite 1025, Mailbox 4470 Lake Tahoe, NV 89449-4470

Available now: Yes

Cost: No

Service area: All

Audience: Patients and Caregivers

How to access: <https://www.consumeraffairs.com>

Description: The guide was developed to help consumers determine which pharmacy will work best for their needs by comparing features and reading reviews from others who use their online services.

*“We educate patients and their caregivers so that they can have better conversations with their clinicians.”*

Living Well With Asthma  
CHEST Foundation

### Parent/Child Asthma Class

Advocate Children’s Hospital-Oak Lawn

<https://www.advocatechildrenshospital.com>

(708) 684-8000

4440 W. 95th St. Oak Lawn, IL 60453

Available now: Yes

Cost: No

Service area: Southside of Chicago and the Southwest suburbs

Audience: Youth with Asthma, Caregivers

How to access: Through Advocate Healthcare’s Health Advisor: (708) 684-8000

Description: A class for parents of children with asthma and those children over the age of 5.





## Toolkits

### Asthma Friendly Childcare: A Toolkit for Understanding and Managing Asthma

Respiratory Health Association

<https://lungchicago.org>

(312) 243-2000

1440 W Washington Blvd. Chicago IL 60607

Available now: Yes

Cost: No

Service area: All childcare providers

Audience: Caregivers, Childcare Providers

How to access:

[http://www.lungchicago.org/site/files/487/159684/524918/754775/RHA\\_IDPH\\_Asthmafriendlychildcaretoolkit.pdf](http://www.lungchicago.org/site/files/487/159684/524918/754775/RHA_IDPH_Asthmafriendlychildcaretoolkit.pdf)

Description: Provides evaluation tools and training to childcare facilities, Asthma-Friendly Childcare Toolkit strives to prevent unnecessary asthma emergencies in the daycare setting by increasing the number of asthma-friendly childcare facilities.

### RESCUE

Asthma & Allergy Foundation of America, St. Louis Chapter

<http://aafastl.org>

(314) 645-2422

1500 S. Big Bend, Suite 1S, St. Louis, MO 63117

Available now: Yes

Cost: No

Service area: Madison and St. Clair Counties in Illinois

Audience: School Systems

How to access: <http://aafastl.org/RESCUE>

Description: RESCUE is a program that provides equipment, utilized for asthma emergencies, to school nurses who treat children with asthma and allergies, and whose schools are in Madison and St. Clair counties in Illinois.



## Training

### Asthma Educational Meetings

Chicago Asthma Consortium

<http://chicagoasthma.org/>

(888) 268-8334

P.O. Box 31757, Chicago, IL 60631

Available now: Yes

Cost: Yes. \$30(members)/\$40(non-members)

Service area: Chicagoland

Audience: Caregivers, Clinicians. Meetings are appropriate for physicians, researchers, nurses, respiratory therapists, pharmacists, community asthma educators, program managers and advocates.

How to access: <http://chicagoasthma.org/education/>

Description: Chicago Asthma Consortium hosts 2-3 professional development meetings each year. The overarching goals are to provide: 1) education on guidelines-based asthma care; information on cutting-edge topics related to asthma care; and forums to discuss emerging research findings and future directions in research.

### CROWD - Center for Community Health Worker Research, Outcomes and Workforce Development

Sinai Urban Health Institute

<http://www.sinai.org/content/suhi-crowd>

(773) 257-5977

1500 S. Fairfield Ave., K449, Chicago, IL 60608

Available now: Yes

Cost: Yes. Costs vary depending on the training or service provided. Contact Julie Kuhn for more information. [julie.kuhn@sinai.org](mailto:julie.kuhn@sinai.org)

Service area: City of Chicago and surrounding suburbs

Audience: Youth with Asthma, Adults with Asthma, Caregivers, Healthcare Systems, Non-Profit Organization, Community Health Workers

How to access: SUHI website: <http://www.sinai.org/content/suhi-crowd>

Description: Didactic and experiential asthma training for home-based and clinic-based asthma educators. Consulting services for organizations in recruiting, hiring, training, and supervising CHWs.



## Other

### Air Filter Masks

I Can Breathe! Inc.

<https://icanbreathe.com>

(773) 643-1062

1455 E 55th Place, Chicago, IL 60637

Available now: Yes

Cost: Yes. Costs of reusable masks vary, \$28 to \$38.

Service area: United States

Audience: Youth with Asthma, Adults with Asthma, Caregivers, Clinicians, Healthcare Systems, Non-Profit Organization

How to access: [www.icanbreathe.com](http://www.icanbreathe.com)

Description: An appropriate mask allows one to avoid fragrances, air pollution, cleaning chemicals, dust, pollen, and cold air. The goal is to feel well without side effects.

### Asthma Coalition

Chicago Asthma Consortium

<http://chicagoasthma.org/>

(888) 268-8334

P.O. Box 31757, Chicago, IL 60631

Available now: Yes

Cost: Yes. Membership fees vary.

Service area: Chicago

Audience: Caregivers, Clinicians, Healthcare Systems, School Systems, Public Health Professionals

How to access: <http://chicagoasthma.org/member/>

Description: Chicago Asthma Consortium is the only local coalition dedicated to improving the quality of life for people living with asthma; and serving the needs of the professional asthma community. Our role is one in which we convene partners, facilitate collaboration and mobilize asthma resources throughout the community.

### Nebulizers

Neb Medical Services

<https://www.nebmedical.com>

(866) 633-1597

7646 W. 159 St, Orland Park, IL 60462

Available now: Yes

Cost: Yes. Equipment cost billed to insurance

Service area: Cook and related counties

Audience: Youth with Asthma, Adults with Asthma, Clinicians

How to access: Consignment in local clinics

Description: High quality nebulizers for quick and effective respiratory treatment for adults and children.



**Standardized Electronic Health Record System**

AllianceChicago

<http://alliancechicago.org>

(312) 274-0068

215 W. Ohio St., 4th Floor, Chicago, IL 60654

Available now: Yes

Cost: Yes. AllianceChicago has subscription services available where others on the same electronic health record may purchase clinical content for their sites.

Service area: National, in 18 states. Chicago, all neighborhoods, and nearby suburbs.

Audience: Clinicians, Healthcare Systems

How to access: (312) 274-0068

Description: AllianceChicago's Asthma Clinical Decision Support Form takes providers step-by-step through all screening, management, and treatment items in alignment with national guidelines. This standardized process allows for better adherence to guideline-concordant care by providers and ideally, better health outcomes for patients. The tool also affords the development and dissemination of detailed reporting around asthma in a national community health center population.



## Appendix

### Resources promoting health equity

#### ABCs of Asthma and Allergies

Asthma & Allergy Foundation of America, St. Louis Chapter

Resources include evidence-based education to high-need populations to increase the ability to manage their chronic disease.

#### Advocate Children`s Hospital-Oak Lawn

Advocate Children`s Hospital-Oak Lawn

The populations of focus include those with a high burden of asthma.

#### Asthma Action at Erie

Erie Family Health Center

The asthma education is offered as a free service to patients at several Erie locations throughout the city. Service is offered in both English and Spanish. Patients are seen in the clinic or at their home.

#### "Asthma Blues" Asthma Education Music CD and Book (SEK-1) Asthma Blues Toolkit for Summer Asthma Camps

CTK Clinical Consultants, LLC

This evidence-based program uses music, the universal language, to teach the guidelines for asthma. The benefit of using music is that young children and people with low health literacy can benefit from Asthma Blues.

#### Asthma Camp Sponsorships

Christopher D. Redding Youth Asthma Foundation

The resources reach underserved communities in the greater Chicagoland area with asthma management education and scholarships.

#### Asthma Education and College Scholarships to Student Athletes with Asthma

Christopher D. Redding Youth Asthma Foundation

Underserved communities in the greater Chicagoland area are educated regarding asthma management, on a grassroots level. Underserved youth are assisted in the betterment of their lives through attending college. Youth who attend asthma camps learn to manage their asthma in a fun-filled learning environment. Athletic personnel learn to better recognize symptoms and assist student athletes with asthma.

#### Asthma Van

Mobile Care Chicago

All services are offered at no cost regardless of insurance status, including prescription medications not covered by Medicaid.

#### Chicago Allergy Center- Asthma Care For All Ages

Chicago Allergy Center

Resources are provided in Spanish and English to provide linguistically appropriate treatment within underserved Latino communities in Chicago.



**CROWD - Center for CHW Research, Outcomes and Workforce Development**

Sinai Urban Health Institute

Community Health Workers are a critical in moving towards health equity, as they have a unique ability to build relationships, educate and facilitate change in the lives of individuals.

**Education**

WE Care Clinic

The resources prioritize a population with the highest rate of asthma in Illinois, which is also a highly vulnerable, socioeconomically depressed community

**Fight Asthma Now©**

Respiratory Health Association

Fight Asthma Now© curriculum meets the diverse needs of students and their communities by addressing contextual barriers to effective asthma management. The program includes culturally appropriate visual, auditory and experiential learning through diagrams and photographs, demonstrations, group discussion and individual reflection.

**Living Well With Asthma**

CHEST Foundation

The resource is available to everyone for free online so that those who cannot afford to get care from a respiratory therapist or pulmonologist can still read and understand ways to manage their condition.

**Loyola Pediatric Mobile Health Unit**

Loyola Pediatric Mobile Health Unit

Promotes access to care within underserved communities.

**Metropolitan Tenants Organization**

Metropolitan Tenants Organization

Educational resources and programs that are available at no cost to the individual.

**Mobile CARE Chicago**

Mobile CARE Chicago

We provide care to patients that do not have access to specialists in their neighborhoods.

**Parent/Child Asthma Class**

Advocate Children`s Hospital-Oak Lawn

Asthma classes are offered free of charge.

**Refractory Obstructive Disease Clinic**

University of Chicago Adult Asthma and COPD Center

The Clinic provides access to quality asthma care for individuals on the South Side of Chicago.

**RESCUE**

Asthma & Allergy Foundation of America, St. Louis Chapter

Asthma equipment is provided to high-need schools to manage asthma exacerbations.

**Self-Management Education, Asthma Action Plans, other educational resources**

McLean County Health Department

Resources prioritize areas with higher asthma rates.

**Standardized Electronic Health Record System**

AllianceChicago

Community Health Centers are comprised of patients from the most vulnerable of populations.

Currently, the AllianceChicago Data Warehouse includes 2.1 million individual patient lives across the country. Our robust data platform allows us to pull reports to detail where disparities exist and address them through research/quality improvement initiatives.





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